

# American Red Cross 2017 Lifeguarding Class Registration

Please print clearly:

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Candidate must be 15 years of age on or before the final day of class.

Date of Birth: \_\_\_\_\_

See Page 2 for specific class dates and course information. Course includes Red Cross certification in Lifeguarding, First Aid, CPR/AED for the Professional Rescuer and Administering Emergency Oxygen. Options are available for Waterfront Lifeguarding and Waterpark Lifeguarding.

Select a class:

- Winter - February 21 to March 11
- Spring - April 25 to May 13

Payment:

- Cash
- Check
- Debit/Credit Card (+\$12.00)

**Course fee: \$275.00** (Standard Red Cross price - \$425.00) The 2017 Lifeguarding Participant manual is included in the fee and is required for reference in class. A discount of \$25.00 will be given if you have the published 2017 Lifeguarding manual or if you download the manual from [www.owenshs.com](http://www.owenshs.com) and print your own (405 pages). Payment must be made, at time of registration, by cash, check, debit card or credit card. \$12.00 processing fee if paying by debit or credit card. **Make checks payable to "Owens Health and Safety, LLC."** Credit card payments can be made in person or on the phone. 208-360-6491 Online payment is not available at this time. Mail registration form and payment to Owens Health and Safety, LLC, 1385 Lowell Drive, Idaho Falls, ID 83402-5175. Candidates who do not successfully complete the prerequisite swim may receive a full refund.

Lifeguarding candidate **MUST** attend all classes to receive a certification!

Email questions to: [classes@owenshs.com](mailto:classes@owenshs.com)

Class information available at [www.owenshs.com](http://www.owenshs.com)

**I understand I must attend all classes and I have read the drop policy.**

\_\_\_\_\_  
Candidate signature if 18 or older. Parent or guardian signature if under 18.

**Owens Health and Safety is an American Red Cross Licensed Training Provider**

**PRETEST:** Candidate must successfully demonstrate the following skills during the pretest session to continue the course:

1. Swim 300 yards continuously, demonstrating breath control and rhythmic breathing.
2. Tread water for 2 minutes using only the legs. Hands in armpits.
3. Starting in the water, swim 20 yards, surface dive 7–10 feet, retrieve a 10-pound object, return to the surface, swim 20 yards back to the starting point keeping both hands on the object and exit the water without using a ladder or steps, within 1 minute, 40 seconds.

**NOTE:** Minimum class size is 10 lifeguarding candidates. Course may be cancelled if minimum class size is not met.

Lifeguarding courses will be conducted using a combination of classroom and in-water training. Candidate is expected to complete reading assignments and come to class prepared. There are three written exams that must be passed with a score of 80% or higher.

Classes meet on Tuesday and Thursday from 5:45pm to 9:00pm and Saturday from 3:30pm to 8:00pm at the **Wes Deist Aquatic Center, 149 7<sup>th</sup> Street, Idaho Falls, ID 83401**. Pretest will be conducted during the first class session.

#### **WINTER SESSION**

Classes – Tue/Thu – Feb 21 to Mar 9 – 5:45pm to 9:00pm  
Sat – Feb 25 & Mar 11 – 3:30pm to 8:00pm

#### **SPRING SESSION**

Classes – Tue/Thu – Apr 25 to May 11 – 5:45pm to 9:00pm  
Sat – Apr 29 to May 13 – 3:30pm to 8:00pm

Before registering for this session, check your schedule for conflicts with state sports championships, proms and final exams.

Lifeguarding candidate **MUST** attend all classes to receive a certification!

#### **Red Cross Cancellation/Drop Policy**

If the cancellation occurs:

- 8 to 14 days before the class start date, the drop fee is 10%
- 3 to 7 days before the class start date, the drop fee is 25%
- 1 to 2 days before the class start date, the drop fee is 50%
- Class start date or any time after the class start date, the drop fee is 100%
- Candidate may transfer to another scheduled lifeguarding class with no drop fee